



Medical Benefits

Claims Administrator: UMR, Inc. (800) 826-9781 (www.umar.com)

Care System: Patient Choice (877) 390-7632 (www.patientchoicehealthcare.com)

- Sanford (Sioux Valley Hospital) (800) 601-5086
- Avera Tri State (McKenna Hospital) (605) 322-6300



Pharmacy Network: Innoviant (877) 559-2955 (www.innoviant.com)

Monthly Costs¹:

Coverage	Employee Cost	Employer Cost	Plan Cost
Employee Coverage	\$72.38	\$308.57	\$380.95
Employee + 1 Coverage	\$159.24	\$678.85	\$838.08
Family Coverage	\$231.62	\$987.41	\$1,219.03

¹Based on Full-time schedule. Part-time staff premiums are proportionally adjusted based on work schedule. Premiums for Part-time staff can be found in the back of this booklet.

Summary of Medical Benefits

SERVICE	IN-NETWORK PROVIDERS Member pays	OUT-OF-NETWORK PROVIDERS Member pays
Provider Networks	When services are provided by your designated Care System, the provider will file claims on your behalf and has agreed to the allowed amount payment as payment in full less your deductible or copayments.	You still receive benefits when you use a non-participating provider, however, you may be responsible for filing your claims and payment to the provider. Any difference between the billed charge and the allowed amount is your responsibility. In addition, you are responsible for obtaining preadmission notification for inpatient hospital admissions and prior authorization for certain medical procedures.
Individual Lifetime Maximum	\$2,000,000 (combined)	
Deductible (Per Plan Year)		
▪ Individual	\$500	\$1,500
▪ Family	\$1,000	\$3,000
Annual Out-of-pocket Maximum		
▪ Individual	\$2,500	\$5,000
▪ Family	\$5,000	\$10,000
Services Received in a Physician's Office:		
Office Visits for illness or injuries		
▪ Physician	\$20 co-pay per visit	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
▪ Specialist	\$20 co-pay per visit	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Physician Office Services (<i>laboratory, xray, therapy services, surgical procedures, etc.</i>)	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.

SERVICE	IN-NETWORK PROVIDERS Member pays	OUT-OF-NETWORK PROVIDERS Member pays
<p>Preventive Care (up to \$1,000/plan year)</p> <ul style="list-style-type: none"> ▪ Routine physicals ▪ Routine Cancer Screening (Maximum 1 Exam/Plan Year) ▪ Mammograms, Pap Smears and Breast Exams for women, Prostate/PSA Exams for men ▪ Routine Diagnostic Tests, Lab and X-rays ▪ Immunizations ▪ Well Child Care Visits (birth to age 6) ▪ Routine Hearing Exams <p>Preventive Colonoscopy, Sigmoidoscopy, and similar preventive surgical procedures</p>	<p>Nothing</p> <p>Nothing</p> <p>Nothing</p> <p>Nothing (excluding flumist and lyme disease vaccine)</p> <p>Nothing</p> <p>Nothing</p> <p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%</p>	<p>Not covered</p>
Therapy Services:		
<ul style="list-style-type: none"> • Physical, Speech and Occupational Therapy (Physician's Office) • Physical, Speech and Occupational Therapy (Outpatient Hospital) • Chiropractic Care 	<ul style="list-style-type: none"> • \$20 co-pay per visit • 20% after the deductible up to the out-of-pocket maximum, then plan pays 100% • 20% after the deductible up to the out-of-pocket maximum, then plan pays 100% 	<p>40 % after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>40 % after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>40 % after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p>
Outpatient Services Received in a Hospital or Other Outpatient Setting:		
<p>Outpatient Hospital Services (Lab tests, x-rays, kidney dialysis, radiation or chemotherapy, surgery, etc.)</p> <p>Outpatient Mental Health and Chemical Dependency Care</p> <p>Emergency Room Services</p> <p>Physician services for outpatient surgery, anesthesia, obstetrics and in-hospital medical visits</p>	<p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p>	<p>40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p>
Inpatient Hospital Care (semi-private room):		
<p>Inpatient Hospital Services (room and board, lab tests, x-rays, medication and medical supplies)</p>	<p>20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p>	<p>40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.</p> <p>Preadmission Notification required or you may be responsible for an additional portion of the bill.</p>

SERVICE	IN-NETWORK PROVIDERS	OUT-OF-NETWORK PROVIDERS
	Member pays	Member pays
Inpatient Mental Health and Chemical Dependency Care	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%. Preadmission Notification required or you may be responsible for an additional portion of the bill.
Physician services	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Transplant Services	At Designated Transplant Facility (URN or Avera/McKenna Hospital/University Health Center): Nothing At another Network Facility: 40% of total cost (deductible waived)	40% (deductible waived)
Other Medical Services:		
Durable Medical Equipment and Supplies <i>(Limitations may apply)</i>	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Ambulance Service	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Home Health Care <i>(40 visits/plan year maximum)</i>	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Skilled Nursing Care (60 days/plan year maximum)	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Hospice Care (Lifetime maximum: Lesser of 6 months or \$10,000)	20% after the deductible up to the out-of-pocket maximum, then plan pays 100%.	40% after the deductible up to the out-of-pocket maximum, then plan pays 100%.
Prescription Drug Benefit:		
<p>At designated retail pharmacies You pay your co-pay at time of purchase. <i>(Your co-pay applies to a maximum 30-day or 100-unit supply; insulin and diabetic supplies are covered.)</i></p>	<ul style="list-style-type: none"> Over-the-counter non-sedating antihistamines [Alavert, loratadine (generic Claritin), cetirazine (generic Zyrtec)] and ulcer drugs (Prilosec OTC) - \$0 copay with physician's prescription Generic Anti-Cholesterol [lovastatin (generic Mevacor), pravastatin (generic Pravachol), simvastatin (generic Zocor)] and Ulcer [omeprazole (generic Prilosec)] medications - \$0 copay Generic Products: Greater of \$7/prescription or 10% Preferred Brand Products: Greater of \$25/prescription or 25% (Maximum \$100) Non-Preferred Brand Products: Greater of \$50/prescription or 40% (Maximum \$200) If you choose to take a brand-name drug when a generic equivalent is available, you pay the brand-name copay plus the difference in cost between the brand and generic medication. 	
<p>Mail pharmacy You can receive a 90-day supply of medications <i>through the Mail Order program.</i></p>	<ul style="list-style-type: none"> Generic Products: Greater of \$17.50/prescription or 10% Preferred Brand: Greater of \$62.50/Prescription or 25% (Maximum \$250) Non-Preferred Brand: Greater of \$125/Prescription or 40% (Maximum \$500) 	N/A
<p>Specialty Medications (From Specialty Pharmacy Vendor. Co-pay applies to a 30-day supply)</p>	<ul style="list-style-type: none"> 25% of the cost of the drug to a maximum of \$150/prescription 	N/A